



Alliance Française  
Seattle

# Level Progression for Adults at the Alliance Française de Seattle

Based on the Common European Framework Reference (CEFR)

**A1**  
**Beginner**

**A2**  
**Intermediate**

**B1**  
**Independent**

**B2**  
**Advanced**

**C1**  
**Expert**

A: BASIC USER

B: INDEPENDENT USER

C: PROFICIENT USER

A1.1 (30 hours)



A1.2 (30 hours)



A1.3 (30 hours)



A1 Review,  
A1+ courses

A2.1 (30 hours)



A2.2 (30 hours)



A2.3 (30 hours)



A2 Review,  
A2+ courses

B1.1 (30 hours)



B1.2 (30 hours)



B1.3 (30 hours)



B1 Review,  
B1+ courses

B2.1 (30 hours)



B2.2 (30 hours)



B2.3 (30 hours)



B2.4 (30 hours)



B2 Review,  
B2+ courses

C1.1 (20 hours)



C1.2 (20 hours)



C1.3 (20 hours)



C1.4 (20 hours)



C1 Specialized courses

80-100 hours

+ 100 - 120 hours

+ 150 - 180 hours

+ 200 - 250 hours

+ 250 - 300 hours

= 80-100 cumulative  
hours to construct simple  
phrases

= 180-220 cumulative  
hours to have a basic  
conversation

= 330-400 cumulative  
hours to give opinions &  
communicate in everyday  
situations

= 530-650 cumulative  
hours to understand  
complex ideas & interact  
on abstract topics with  
spontaneity

= 780-950 cumulative  
hours to use language  
flexibly and effectively for  
social, academic &  
professional purposes



**Written & Oral Assessment  
Required to move up to C1**



**Free Level Assessment**  
[afseattle.org/placement-tests/](https://afseattle.org/placement-tests/)

**Level Progression for Youth  
at the Alliance Française de Seattle**

Based on the Common European Framework Reference (CEFR)

**A1**  
**Beginner**

**A2**  
**Intermediate**

**A2/B1**  
**Independent**

**B1+/B2**  
**Advanced**

**KIDS**  
**4-6**

Petits Crabes 1 (Year 1) 30h  
↓  
Petits Crabes 2 (Year 2) 30h

**KIDS**  
**6-8**

Lézards 1 (Year 1) 30h  
↓  
Lézards 2 (Year 2) 30h  
↓  
Lézards 3 (Year 3) 30h

**YOUTH**  
**9-12**

Tortues 1 (Year 1) 30h  
↓  
Tortues 2 (Year 2) 30h  
↓  
Tortues 3 (Year 3) 30h

Pingouins Year 1 (30h)  
↓  
Pingouins Year 2 (30h)  
↓  
Pingouins Year 3 (30h)

**TEENS**  
**13-17**

Teens 101 (30h)  
↓  
Teens 102 (30h)  
↓  
Teens 103 (30h)

Teens 201 (30h)  
↓  
Teens 202 (30h)  
↓  
Teens 203 (30h)

Teens 301 (30h)  
↓  
Teens 302 (30h)  
↓  
Teens 303 (30h)

Teens 401 (30h)  
↓  
Teens 402 (30h)  
↓  
Teens 403 (30h)

**ANNUAL SCHEDULE: FALL TO SPRING**  
Each course starts in Fall and continues in Winter and Spring (10h per quarter = 30h total per year).  
Students must enroll each quarter.

**FRENCH AS A FOREIGN LANGUAGE:**  
Students are non-francophones; they do not speak French at home or have not been following an immersion program.

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